

# Daily Skin Care Regimen

Follow our AM/PM regimen for healthy-looking skin

HERBALIFE  
**SKIN**

STEPS	 AM	 PM
1 CLEANSE	Soothing Aloe Cleanser (For Normal to Dry Skin)	Soothing Aloe Cleanser (For Normal to Dry Skin)
	Polishing Citrus Cleanser (For Normal to Oily Skin)	Polishing Citrus Cleanser (For Normal to Oily Skin)
2 TONE	Energizing Herbal Toner	Energizing Herbal Toner
3 TREAT	Line Minimizing Serum	Line Minimizing Serum
4 TARGET	Firming Eye Gel	Hydrating Eye Cream
5 MOISTURIZE	Daily Glow Moisturizer*	Replenishing Night Cream
<b>WEEKLY</b>		
DEEP CLEANSE	Instant Reveal Berry Scrub (1-3 times a week)	
PURIFY	Purifying Mint Clay Mask (1-3 times a week)	

\*To complement your daily routine and provide UVA/UVB protection from ordinary exposure to the sun, use Skin Activator® Day Lotion SPF 15. Also, look for Herbalife SKIN SPF 30 coming soon!

Refresh. Replenish. Rejuvenate. And Repeat.  
**A Revelation Each Day.**

