

Formula 1 Express Bar



Formula 1 Shakes is the preferred healthy meal solution for millions of people every day helping them achieve weight management results they feel proud of.

When you're out and about, you'll never have to worry about missing a healthy meal... again! NEW Formula 1 Healthy Meal Bar is the convenient Healthy Meal on the go.

Advantages

- Balanced essential nutrients for a complete healthy meal replacement
- High fibre and protein for sustained energy and to keep you fuller for longer
- 206/207 calories (by flavour)
- Suitable for vegetarians
- Crunchy and chewy